There is negative environmental impact when you use plastic bottles and you may want to switch to glass or metal reusable bottles. It can cause potential health risks because plastic bottles are toxic and bacteria can easily grow on plastic bottles, and may cause DHEA (steroid hormone).

The metal water bottles are designed to be used a bunch of times and they are much more eco friendly then plastic water bottles.

It takes 2,000 more times more energy to make a plastic water bottle then it does to produce tap water. These plastic water bottles go to landfills and don’t break down easily.

Sometimes they put normal tap water in the plastic bottles. The plastic bottles can contaminate the tap water. So it way healthier to drink from filtered water at home, because tap water may have chlorine or other harsh chemicals.

In 2030 there will be no more landfills because they can’t find any more places to put them, and hopefully we will try to recycle better so we don’t so much garbage. And stop buying plastic water bottles and stick with the reusable metal bottles.

So please recycle or bring your water bottles to a bottle depot so we can have a eco friendly environment.